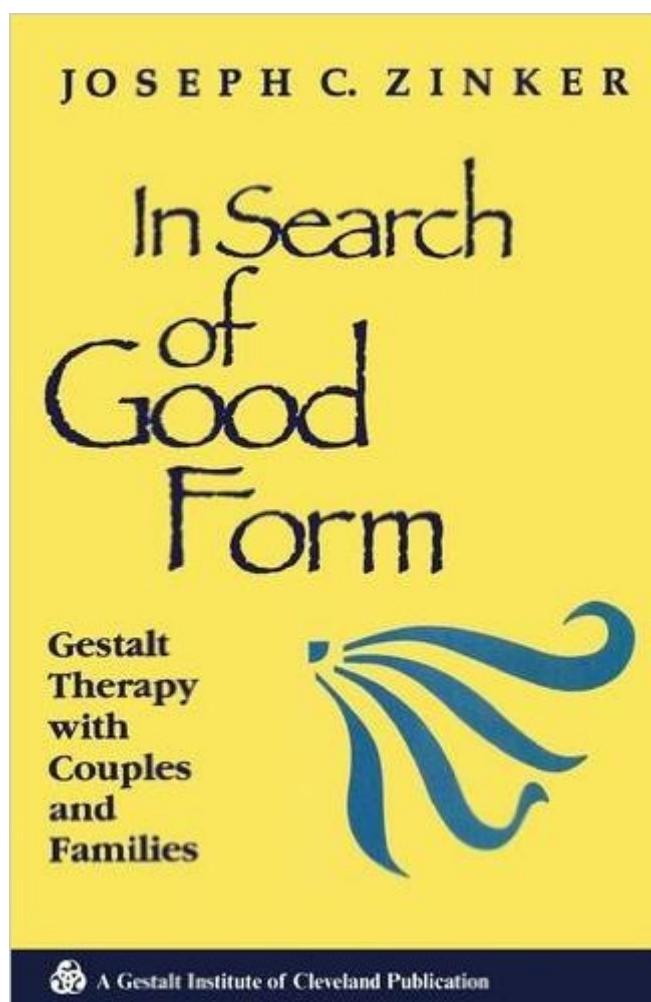


The book was found

In Search Of Good Form: Gestalt Therapy With Couples And Families (Gestalt Institute Of Cleveland Book Series)



Synopsis

With *In Search of Good Form*, Joseph Zinker emphasizes seeing and being with as keys to a phenomenological approach in which therapist and patient co-create and mutually articulate their own experiences and meanings. He considers Gestalt field theory, the Gestalt interactive cycle, and Gestalt concepts.

Book Information

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Customer Reviews

This book is packed, without being written to intimidate. Sections are clearly headed, inviting use of the book as a reference. As my understanding and interests in gestalt therapy evolve, so do different sections strike me differently. Zinker is a coach, who leans over my shoulder as I consider my approach to helping others. The tone is unequivocal: encouraging and articulate. Zinker has been immersed in the field to such depths that his writing shows evidence of integration of his findings. He covers gestalt therapy; a difficult topic to write about. He spells out his findings about working with families and does so in an aesthetic, almost spiritual. Yet, I also find the book written with an intellectual rigour that invites revisiting. It's written in a can-do, leading edge manner.

If you are looking to understand Gestalt with Families this is a great book. If you don't know Gestalt, use Gestalt therapy integrated by Polster and Polster because they help you understand what Gestalt is better than this book. I really liked this book which helped me write a research paper on

Gestalt in Families

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